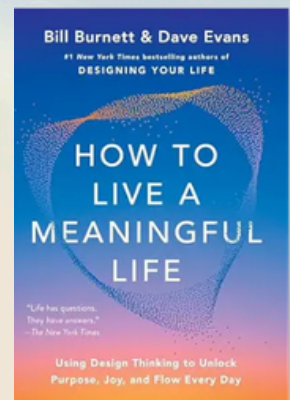
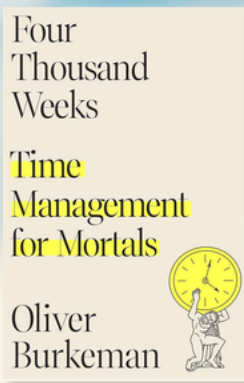
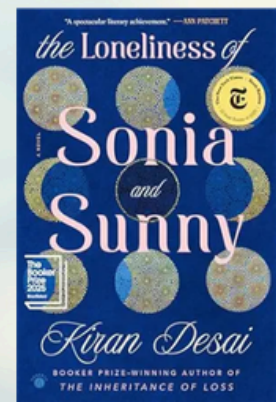
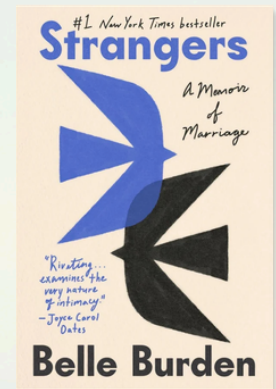
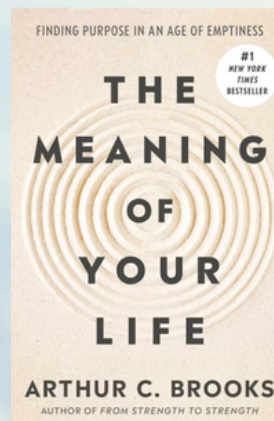
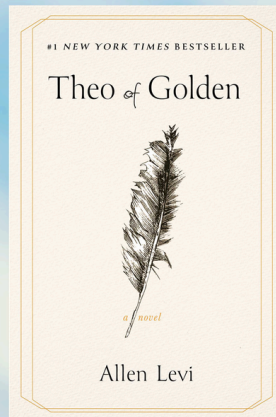
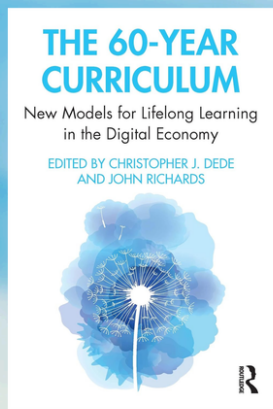
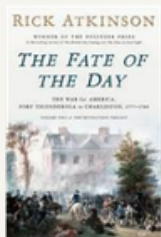


# The 2026 Summer Reading List



This list reflects what our community is thinking about, learning from and sharing with colleagues and clients. Together, the selections invite learning, curiosity and new ways of seeing the work—and the world—we share.

## Books



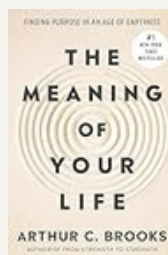
### The Fate of the Day

This brilliant account of the lethal conflict between the Americans and the British offers deeply researched and dramatic history, as well as a fresh perspective on the demands a democracy makes on its citizens.



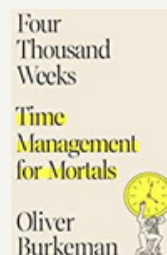
### Strangers

In this candid memoir, Belle Burden reexamines her marriage through a new lens, reckoning with her own family history and with the lessons she absorbed about how a woman is expected to behave in the face of betrayal.



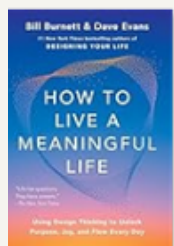
### The Meaning of Your Life

A social scientist and happiness expert shows readers how to push back against a growing sense of emptiness and a lack of purpose, offering a path toward a happier, more meaningful, and more fulfilling life.



### Four Thousand Weeks

Rejecting the futile modern obsession with getting everything done, this book introduces readers to tools for constructing a meaningful life by embracing our finitude.



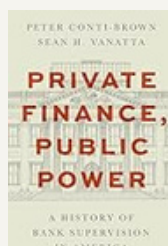
### How to Live a Meaningful Life

This guide offers research-backed tools to help readers build greater purpose, clarity, and connection in their lives.



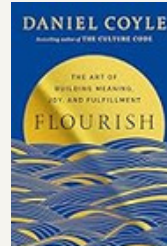
### Longevity Nation

This book explores how people are redefining aging through science, reinvention, and purpose, moving well beyond traditional models of retirement.



### Private Finance, Public Power

This is a new history of finance and public policy in the United States, examining the idiosyncratic ways in which the nation manages financial risk across the public-private divide.



### Flourish

Through captivating real-world stories, scientific studies, and firsthand accounts, Daniel Coyle reveals what sets exceptional groups apart and offers readers the tools and insights to flourish.



## The UHNW Institute Book Club

Building on the spring session of our new Book Club, this year's Summer Reading List flags books that read especially well in a group. Look for the gold book club badge.



## The 60-Year Curriculum

This cutting-edge book describes the evolution of new educational models, spanning computer science, inclusive design, critical thinking and civics, through which universities can support learners across multiple careers, from mid-adolescence all the way to retirement.



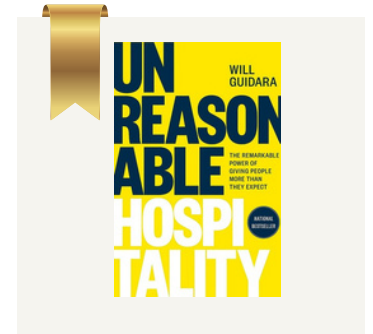
## The Loneliness of Sonia and Sunny

This story follows two young people figuring out the many things that shape their lives—like country, class, race and history—as well as the tricky connections that tie one generation to the next.



## Navigating Polarities

Many people approach polarities with either/or thinking, but the leaders, teams and organizations that navigate them with a both/and mindset significantly outperform those that do not. This book shows readers how to make that shift.



## Unreasonable Hospitality

Every business can choose to be a hospitality business, and Will Guidara shows how each of us can transform ordinary transactions into extraordinary experiences.



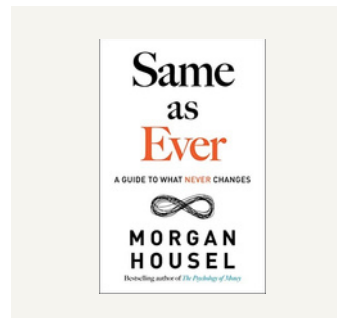
## Be Your Future Self Now

Benjamin Hardy argues that your imagined future self is the true driver of your current reality, and that it is up to you to develop the ability to imagine ever better and more expansive versions of who you might become.



## The Power of Moments

Chip and Dan Heath delve into some of the fascinating mysteries of experience, including why we tend to remember the best or worst moment of an event, as well as its final moment, while forgetting the rest and what that means for how we create moments that matter.



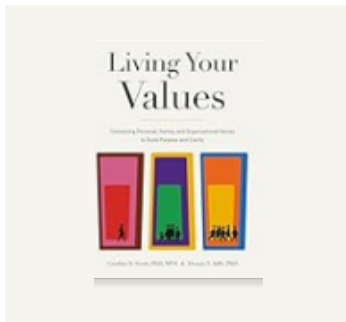
## Same as Ever

Morgan Housel offers a guide to optimizing risk, seizing opportunity and living your best life by identifying the many things that never, ever change.



## Remains of the Day

Winner of the Nobel Prize in Literature, this is a compelling portrait of a butler contemplating three decades of service in post-World War II English society.



## Living Your Values

This is a practical guide for individuals, families, teams and organizations that want to act with greater alignment, purpose, and integrity.



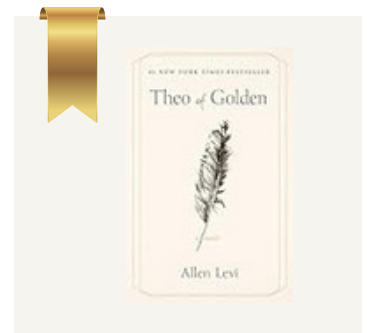
## Heart the Lover

This is a deeply moving love story that celebrates literature, forgiveness and the transformative bonds that shape our lives.



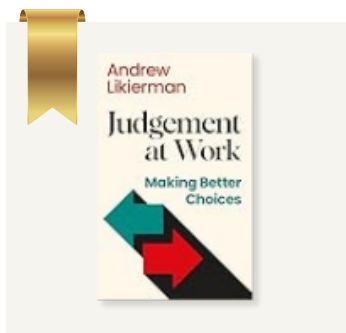
## The Good Ancestor

Roman Krznaric explores legacy, stewardship, and intergenerational purpose, revealing six practical ways we can retrain our brains to embrace the long view.



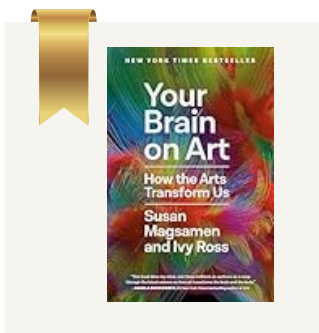
## Theo of Golden

This is a novel about the power of generosity, the importance of connection and the quiet miracles of everyday life.



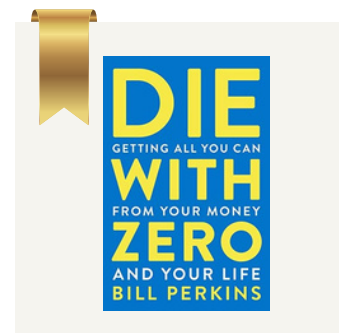
## Judgement at Work

Drawing on research and applied expertise, Andrew Likierman explains how to improve judgment, from becoming a better decision-maker to recognizing sound judgment in others, revealing extraordinary opportunities for growth and success at both the personal and organizational level.



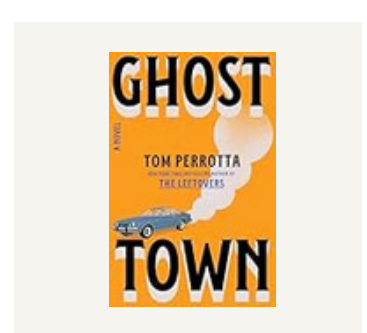
## Your Brain on Art

From painting and dancing to expressive writing and architecture, the arts are essential to our lives. This book offers a new understanding of how the arts and aesthetics can help us transform traditional medicine, build healthier communities, and mend an aching planet.



## Die with Zero

This is a guide to living richly, optimizing your life and engaging in intentional lifestyle design, stage by stage.



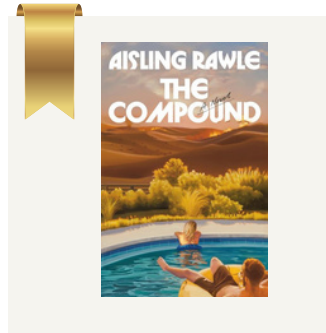
## Ghost Town

The narrator of this darkly nostalgic tale revisits a summer in 1970s New Jersey. From the author of "Election".



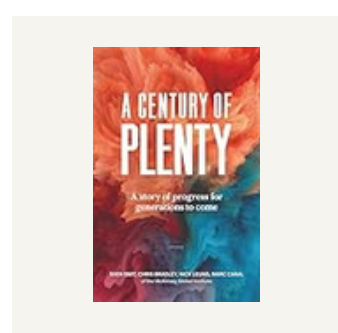
## The Farm

This novel raises crucial questions about the trade-offs women will make to fortify their futures and the futures of those they love.



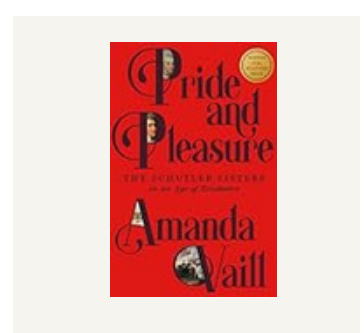
## The Compound

Lily competes in a series of challenges for luxury rewards while cameras film her every move. This razor-sharp page-turner invites surprising and revealing conversations about family.



## A Century Of Plenty

Could the poorest countries in the world achieve the prosperity and quality of life of today's Switzerland by 2100? Drawing on a major research effort from the McKinsey Global Institute, this book explores the advances of the past century, and the possibility of a future world of plenty.



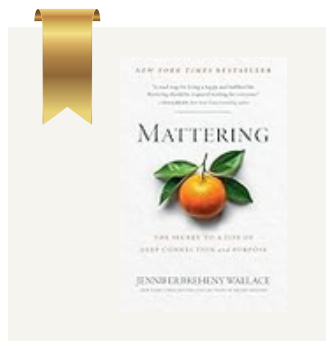
## Pride and Pleasure

This Pulitzer Prize-winning biography tells the story of two sisters who became embroiled in America's insurrection against Great Britain.



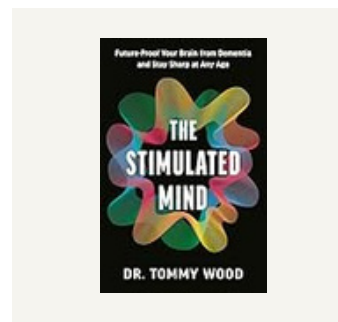
## Smart Brevity

This is an essential guide to communicating more effectively and more efficiently.



## Mattering

Mattering, the feeling that we are valued and have the opportunity to add value, is a core human need, as essential to our well-being as food and water. Yet in today's world this fundamental need often goes unmet, with perilous consequences.



## The Stimulated Mind

A Formula 1 sports performance coach and neuroscientist dispels the myth that the brain is doomed to decline with age, showing that with the right stimulus our brains can continue to adapt and develop.



## The Mack Podcast

Weekly conversations with top family office professionals on the trends shaping the family office landscape—investment committee governance, preparing the rising generation, GP stakes, tax-aware portfolio construction, and more. Practical, practitioner-focused listening for advisors and family principals.



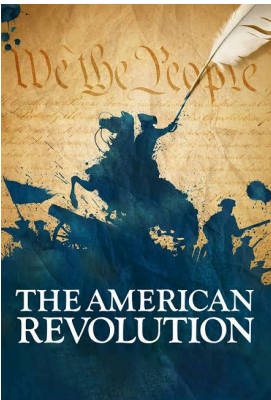
## Hard Fork

An entertaining, news-driven tech podcast that provides deep industry insight without becoming bogged down in academic jargon.



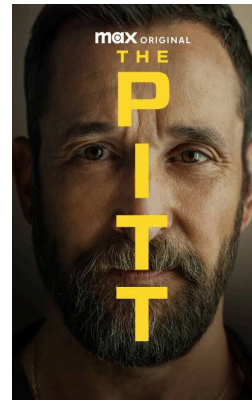
## The Curiosity Shop

Connection, change, and leadership. Educational discussions of complex issues and nuanced thinking.



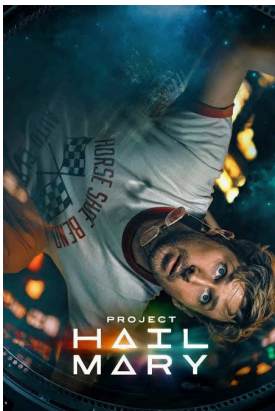
## The American Revolution (PBS)

Celebrate the 250 Anniversary of the United States of America. Thirteen American colonies unite in rebellion, win an eight-year war to secure independence and establish a new form of government.



## The Pitt (HBO)

Follow the staff of a busy Trauma Center in this Emmy-winning drama series.



## Project Hail Mary (Movie)

A science teacher awakens alone on a spaceship light-years from Earth. He learns he is on a last-ditch mission to save humanity from extinction. Based on Andy Weir's 2021 science fiction novel.



## The Stories That Bind Us — This Life

Feiler popularizes the research of Drs. Marshall Duke and Robyn Fivush (Emory University, Family Narratives Lab) and their "Do You Know?" scale—the single best predictor of children's emotional health and resilience. Children who know more of their family's stories show higher self-esteem, lower anxiety, and stronger resilience. The "oscillating" family narrative (we've had ups and downs and always stuck together) is the most powerful. A natural conversation starter for any multigenerational family.



## 3 Questions That Determine if You're Actually Ready to Retire Early

Thinking of calling it quits in your late 50s or early 60s? Before you retire early, see if you can answer these three important questions.



## Welcome to the Era of Relational Intelligence

As AI begins to transform education, work and social life, we need to focus on developing and expanding capacities essential for human flourishing.



## Transcending Generational Wars in Wealth Transfer

When families stop trying to control the next generation and start talking with them about wealth, trust replaces fear.